



School Uniform Policy for Physical Education



The purpose of the school uniform policy for physical education is to ensure the safety, comfort, and equality of all students participating in physical education classes while promoting a sense of unity and school spirit.

Uniform Components

Tops:

- All tops should be a solid plain colour.
- T-shirts or sweatshirts must be appropriate in length and fit, allowing for ease of movement during physical activities.

Bottoms:

- All bottoms should be plain solid colours.
- Shorts, tracksuit bottoms, leggings or sweatpants must be suitable for physical activities and allow for freedom of movement.
- Jeans, skirts and combat trousers should not be worn.

Footwear:

- Athletic shoes with non-marking soles and adequate support such as laced or Velcro shoes. Where possible these should be a different pair to those worn to school.
- Sandals, flip-flops, boots and open-toed shoes are not permitted during physical education classes due to safety concerns.

Additional Guidelines:

- All clothing must be free from offensive language or imagery.
- No football clothing should be worn.
- Students are encouraged to bring water bottles to stay hydrated during physical activities.
- Jewellery should not be worn. Earrings that cannot be removed should be taped over.

By adhering to the school uniform policy for physical education, students demonstrate respect for themselves, their peers, and the learning environment. The policy aims to create a positive and inclusive atmosphere where all students can participate actively and safely in physical education classes.

Thank you for your support.